

**HEALTHCARE**  
**FOUNDATION**  
NORTHERN SONOMA COUNTY



**In collaboration with the Town of Windsor**  
**FREE HEALTH + WELLNESS FESTIVAL**

**Sunday, April 14, 2019 | 10am to 1pm**  
**WINDSOR TOWN GREEN**

**Celebrating health and wellness with the Windsor Certified Farmers Market and free healthy activities, information and services.**

- Health screenings • Massage • Energy healing and more
- Kids games and activities • Tai Chi, Yoga and Zumba
- Dental and nutrition information and services
- Plant sale by Windsor Garden Club • Healthy food options



**THANK YOU HEALTHCARE FOUNDATION WINE COUNTRY CARES SPONSORS**

